



# CAISTOR YARBOROUGH ACADEMY

Our Ref: BCur/KWoo

09 September 2020

Dear Parents/Carers,

## Re: Personal, Social, Health and Economic (PSHE) Education at Caistor Yarborough Academy

As a part of your child's education at Caistor Yarborough Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) Education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

From September 2020, the Department for Education has stated that Relationships and Sex Education, alongside Health Education, will become **statutory** for all students in Primary and Secondary schools. Our PSHE Curriculum will comprise all necessary aspects of these statutory requirements. The table below outlines the content of both Relationships and Sex Education and Health Education:

Relationships and Sex Education	Health Education
<ul style="list-style-type: none"><li>• Families</li><li>• Respectful relationships, including friendships</li><li>• Online media</li><li>• Being safe</li><li>• Intimate and sexual relationships, including sexual health</li></ul>	<ul style="list-style-type: none"><li>• Mental wellbeing</li><li>• Internet safety and harms</li><li>• Physical health and fitness</li><li>• Healthy eating</li><li>• Drugs, alcohol and tobacco</li><li>• Health and prevention</li><li>• Basic first aid</li><li>• Changing adolescent body</li></ul>

Further details of the specific aspects of these units can be found on the RSE Policy which is available on the Academy Website, along with further guidance to help you understand the updated PSHE Curriculum here at Caistor Yarborough Academy.

PSHE Education is taught throughout the Academy in every year group and is monitored and reviewed regularly by the staff and Governing Body. Please visit the Academy website for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our Academy ethos and values.

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## EXCELLENCE FOR ALL

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Please be aware, that you have the right to withdraw your child from elements of their PSHE lessons. However, there have been changes to what you are able to withdraw your child from.

**There is no right to withdraw from Relationships Education** at primary or secondary school as the Department for Education believes the content of these subjects - such as family, friendship, safety (including online safety) - are important for all children to be taught.

**There is also no right to withdraw from Health Education** at secondary level as the Department for Education believes that children should have a secure understanding of mental and emotional well-being, physical health and fitness, healthy eating and the dangers of drugs and alcohol.

**Parents do have the right to withdraw their children from the components of sex education covered within the RSE Curriculum up to and until three terms before the child turns sixteen. Essentially, this would remove the child from lessons on intimate and sexual relationships, including sexual health.**

However, parents do not have the right to withdraw children from sexual reproduction lessons covered within the Key Stage 3 and Key Stage 4 Science Curriculum as this is statutory.

Requests for withdrawal should be put in writing using the form found in Appendix 3 of the RSE policy found on the Academy website. Once completed, this should be addressed to the Headteacher or Deputy Headteacher.

As a school community, we are committed to working in partnership with parents. The teaching of Relationships and Sex Education will not begin in the Academy until November 2020 and as such, we are able to offer a period of consultation through September and October. If you would like to find out more or discuss any concerns or issues with aspects of the PSHE Curriculum, please do not hesitate to contact me at the Academy.

Yours faithfully



**Mr B Curtis**  
**Associate Assistant Headteacher - Whole School Personal Development**  
**Head of Humanities**